

LiteTea

For weight loss



A herbal tea comprising a unique blend of *Garcinia cambogia*, *Coffea arabica*, *Trigonella foenum-graecum* amongst others helps in optimizing body weight. It also helps in controlling blood sugar levels and cholesterol levels.



Ingredients	Therapeutic Use
<i>Camellia sinensis</i>	Boost the body's metabolism and helps to break down excess fat and improves insulin activity.
<i>Coffea arabica</i>	Contains chlorogenic acids which help in weight management, regulates sugar level.
<i>Garcinia cambogia</i>	Suppresses appetite, inhibits an enzyme called citrate lyase, which slows or blocks fat production in the body and reduces oxidative stress.
<i>Trigonella foenum – graecum</i>	Reduces fat accumulation and dyslipidemia, reduces apolipoprotein-B levels, and elevates adiponectin levels.
<i>Rosa alba</i>	Has anti-oxidants and anti-inflammatory properties and helps in boosting weight loss.
<i>Zingiber officinale</i>	Contains gingerol that has anti-flatulent, appetizing properties, decreases glucose level, body weight, lipase plasma, and tissue lipids.
Other ingredients	<i>Piper nigrum</i> , <i>Mentha arvensis</i>

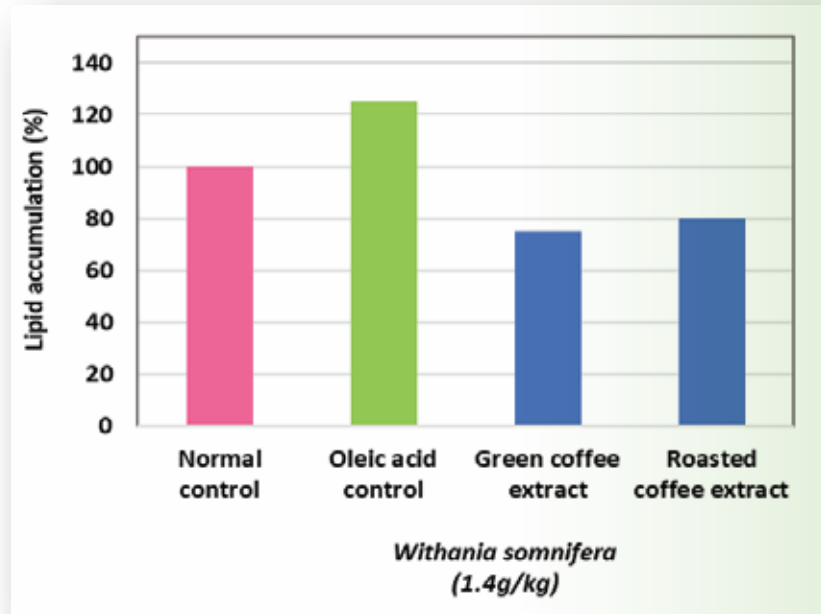


Efficacy claims

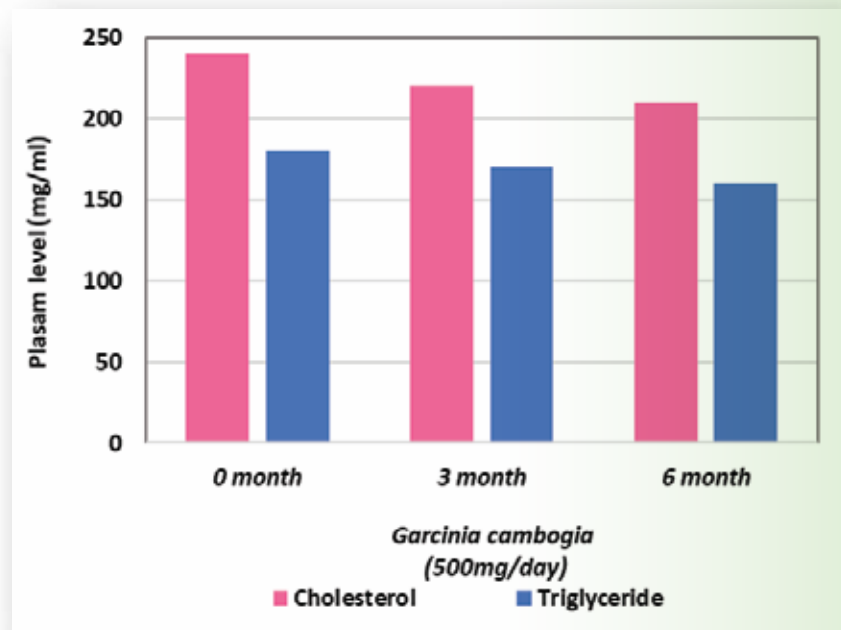
Coffea arabica and Garcinia cambogia demonstrate Weight loss activity



Weight management activity



Decrease in lipid accumulation in 3T3L1 adipocytes



Decrease in Cholesterol and Triglyceride plasma level compare with basal level in people with obesity

