

LactaTea

Aids in lactation



A herbal tea comprising of the herbal extracts of *Trigonella foenum-graecum*, *Asparagus densiflorus*, *Moringa oleifera* amongst others that helps to balance the hormone levels and promote healthy lactation by supporting healthy flow and nutritious breast milk.



Ingredients	Therapeutic Use
<i>Camellia sinensis</i>	Rich in antioxidants helps in the detoxification of the body.
<i>Foeniculum vulgare</i>	Contains phytoestrogens that increase milk production.
<i>Trigonella foenum-graecum</i>	Maintain the milk supply with adequate breast stimulation.
<i>Prunus dulcis</i>	Rich in calcium; increases the creaminess, sweetness, and amount of breast milk.
<i>Punica granatum</i>	Improves milk quality
<i>Medicago sativa</i>	Promotes the development of the glandular tissue of the breasts.
<i>Asparagus densiflorus</i>	Improves lactation in women by regulating hormonal secretion.
<i>Moringa oleifera</i>	Act as a galactagogue that promotes or increases the flow of mother's milk.
<i>Silybum marianum</i>	Has higher levels of prolactin that increase milk production.
<i>Allium sativum</i>	Stimulates breast milk production and increases the supply of breast milk.

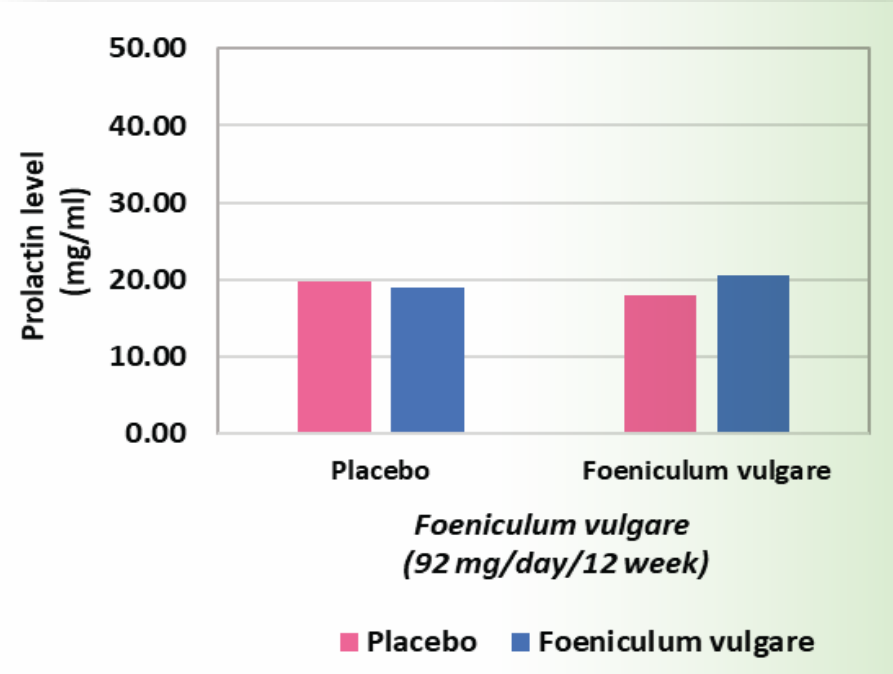


Efficacy claims

Foeniculum vulgare and *Trigonella foenum-graceum* aids in the lactation

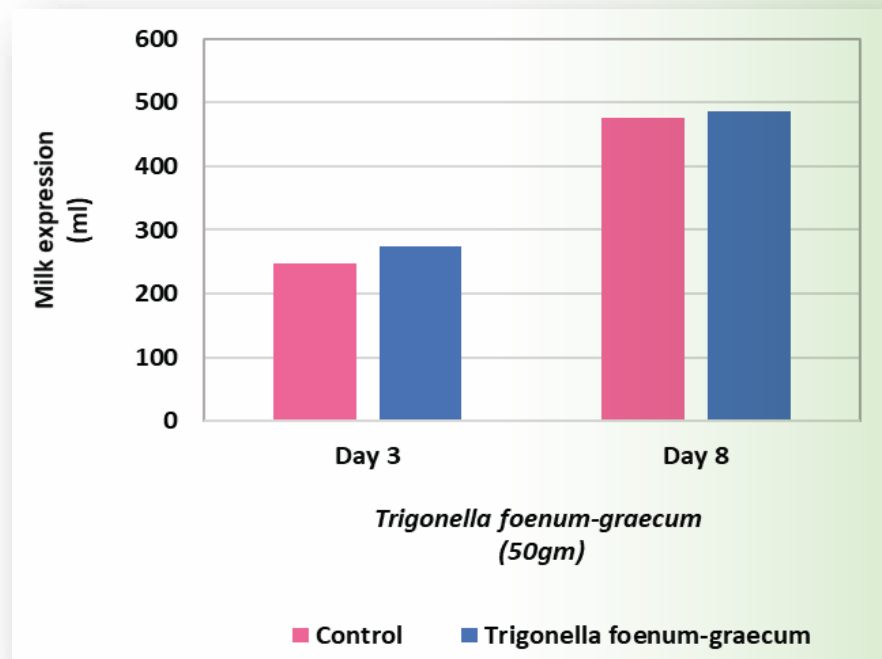


Increase prolactin level



Increase in the level of prolactin hormone as compare to placebo control in women

Increase breast milk



Decrease in the activity of bacterial enzyme in feces of hamster and reduce the production of toxic ammonia

