## **HappyHartTea**

For a healthy heart

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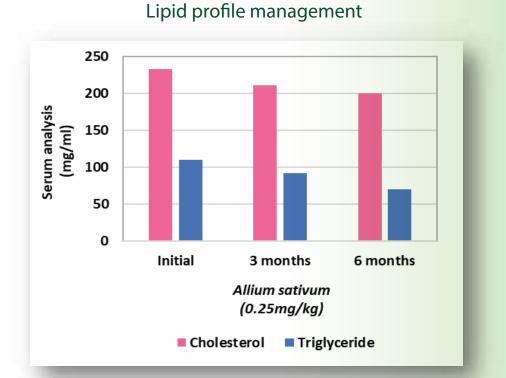
A herbal tea comprising of the herbal extracts of Allium sativum, Astaxanthin, Ginkgo biloba amongst others that helps to keep heart healthy by regulating the cholesterol levels and improve blood circulation to all organs of the body.



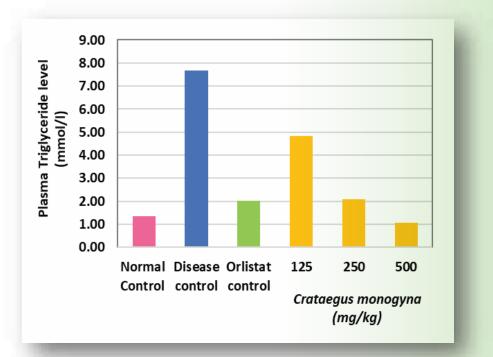
Ingredients	Therapeutic Use
Camellia sinensis	Helps lower low-density lipoproteins cholesterol and triglycerides.
Allium sativum	Reduce abnormal plasma lipids, oxidized low- density lipoproteins (LDL), abnormal platelet aggregation, and high blood pressure.
Salvia officinalis	Acts as a blood thinner and maintains blood flow.
Ginkgo biloba	Helps to regulate the levels of circulating nitric oxide, a compound responsible for dilating blood vessels and improves blood circulation.
Lentinula edodes	Reduces low-density lipoproteins cholesterol levels and boost HDL (good) cholesterol.
Hibiscus rosa-sinensis	Packed with antioxidants that prevent damage from free radical damage.
Omega -3 fatty acid	Reduces the risk of heart stroke.
Astaxanthin	Prevents plaque buildup in the arteries in the heart.

## **Efficacy claims**

Allium sativum and Crataegus monogyna demonstrate healthy heart activity



Decrease in the serum Cholesterol and Triglyceride level in patients with coronary heart disease



Decrease in the triglyceride level in olive oil-loaded mice



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