

GuTTea

For a healthy gut



A herbal tea comprising of the herbal extracts of *Elettaria cardamomum*, *Foeniculum vulgare*, *Cinnamomum zeylanicum* amongst others that helps with the digestive issues such as vomiting, nausea, gastritis, spasms and bowel movements. This herbal tea maintains the gut flora for



Ingredients	Therapeutic Use
<i>Camellia sinensis</i>	Possesses anti-inflammatory and antimicrobial properties.
<i>Elettaria cardamomum</i>	Helps in treating gastrointestinal issues like indigestion, nausea, vomiting, stomach pain, and spasms.
<i>Cinnamomum zeylanicum</i>	Provides relief for indigestion, flatulence, heartburn, nausea, and stomach cramps.
<i>Rosa alba</i>	Has mild laxative and antimicrobial properties.
<i>Foeniculum vulgare</i>	Helps the smooth muscles of the gastrointestinal system relax and reduce gas and bloating.
<i>Glycyrrhiza glabra</i>	Soothes gastrointestinal tract and restores acid balance in the stomach.
<i>Taraxacum officinale</i>	Improves appetite, soothes digestive ailments and relieves constipation.

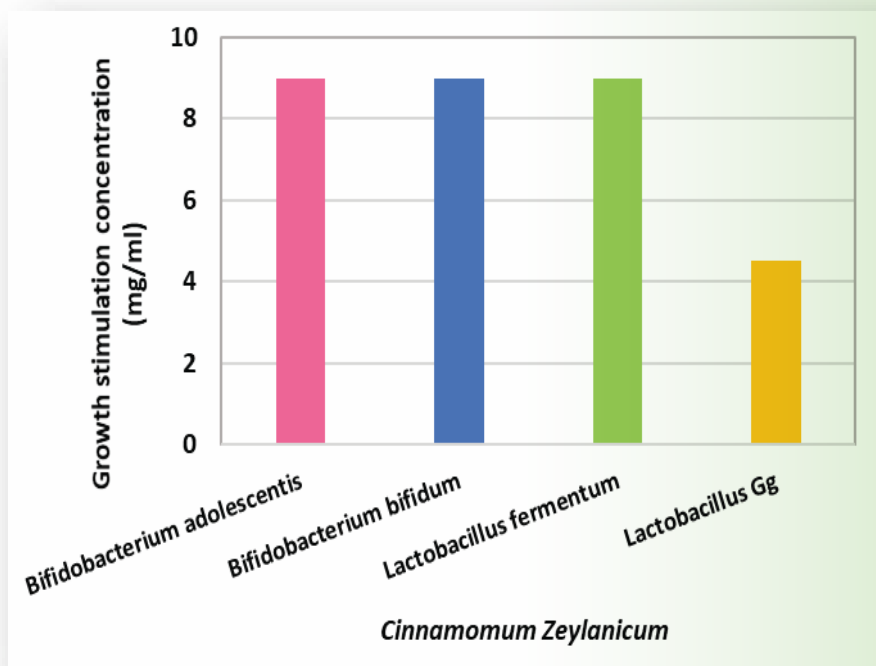


Efficacy claims

Cinnamomum zeylanicum and Elettaria cardamomum demonstrate activity for healthy gut

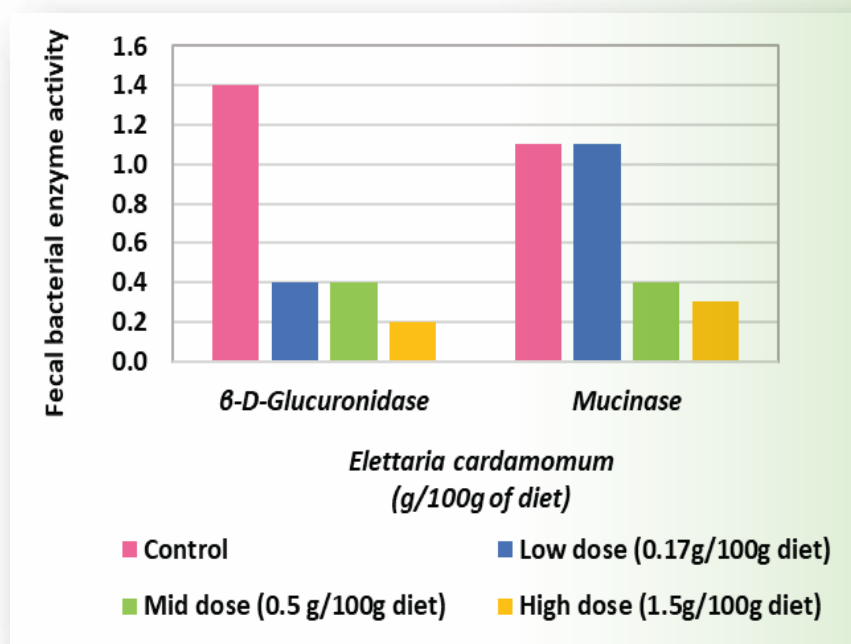


Growth of beneficial gut microbials



Growth stimulation of Bifidobacterium and Lactobacillus species

Activity against microbial enzymes



Decrease in the activity of bacterial enzyme in feces of hamster and reduce the production of toxic ammonia

