

FloooTea

Helps fight flu



A herbal flu-preventing tea comprising of *Zingiber officinale*, *Withania somnifera*, *Elettaria cardamomum* amongst others provides relief during throat infections by soothing sore throats. It also helps in improving the functioning of immune system.



Ingredients	Therapeutic Use
<i>Camellia sinensis</i>	Enhances immunity against bacterial and viral infections.
<i>Punica granatum</i>	Helps to combat oxidative stress.
<i>Withania somnifera</i>	Restores the endurance, energy, and stamina.
<i>Ocimum sanctum</i>	Relieves chest congestion and cold.
<i>Piper nigrum</i>	Antibacterial and alleviates chest congestion due to flu, pollution, and viral infection.
<i>Cinnamomum zeylanicum</i>	Helps to relieve cold, flu, influenza, sore throat.
<i>Syzygium aromaticum</i>	Clears mucus from the airways, lungs, bronchi, and trachea.
<i>Elettaria cardamomum</i>	Fights sore throat, and imparts warmth to the body.
<i>Zingiber officinale</i>	Contains gingerol that reduces symptoms of nasal congestion.

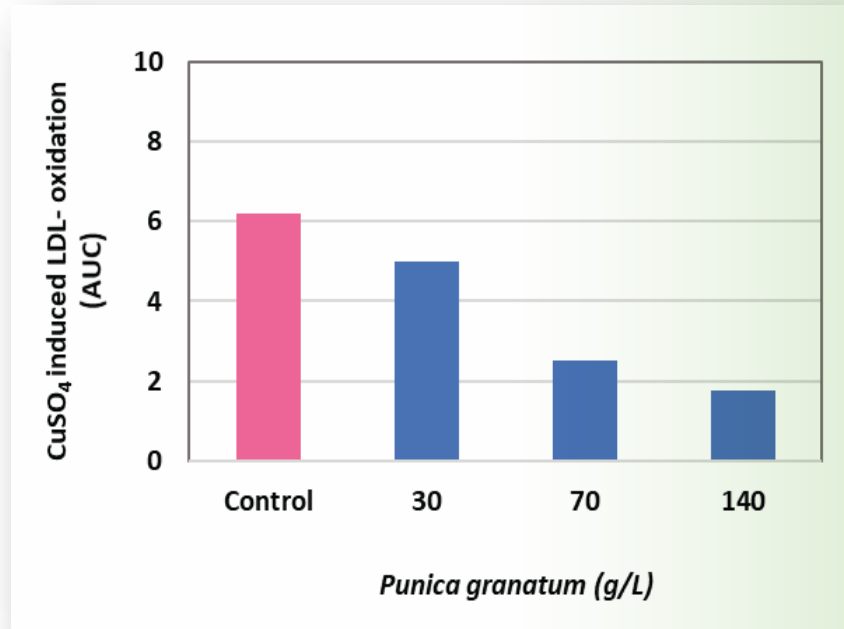


Efficacy claims

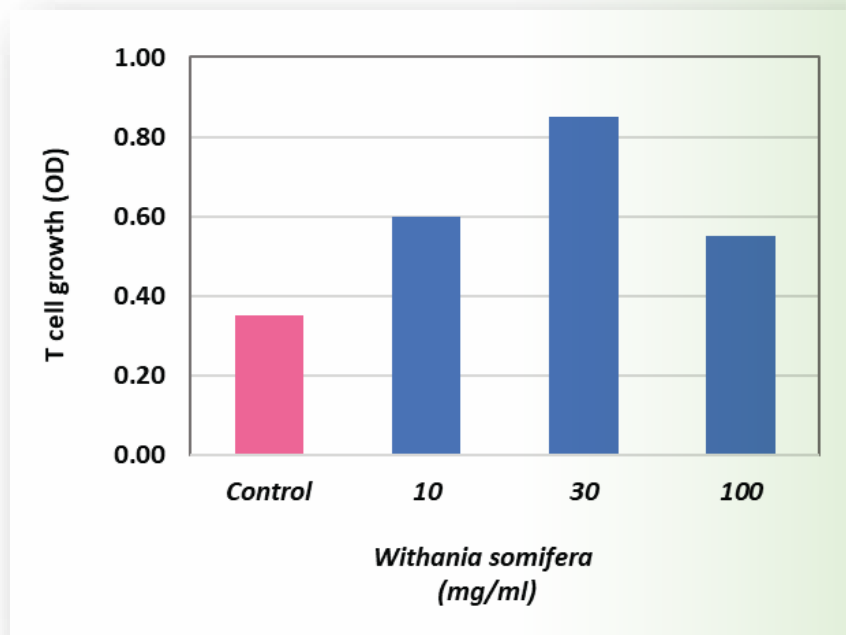
Punica granatum and *Withania somnifera* demonstrate immunostimulatory activity



Antioxidant activity



Inhibition of CuSO₄-induced LDL oxidation invitro



Increase in proliferation of T lymphocytes against mitogen con-A, LPS stimulation in splenocytes

