

E-Bites

Boosts energy levels

A nutraceutical supplement that comprises pure herbal extracts and unique blend of nuts, seeds, oats, berries amongst others, a rich source of fiber, proteins, carbohydrates, and antioxidants, which help in boosting the energy levels and can be used as a meal replacement.



KEY INGREDIENTS

<i>Physalis peruviana</i>	Rich in fibers, good source of carbohydrates and irons and antioxidant
<i>Avena sativa</i>	Helps in metabolizing energy.
<i>Vaccinium oxycoccos</i>	Contains high level of antioxidant proanthocyanins and packed with rich nutrients to help the body ward off infections and boosts overall health.
<i>Prunus armeniaca</i>	Contains insoluble and soluble fiber, which helps maintain blood glucose and cholesterol levels and maintains the fluid balance.
<i>Prunus dulcis</i>	Good source of healthy fats, fiber, protein, magnesium and vitamin E and protective phytosterol antioxidants.
<i>Juglans regia</i>	Contains high calories and dense in nutrients.
<i>Vitis vinifera</i>	Rich in vitamin C , niacin, thiamin, potassium, calcium, helps in regular bowel movements , improves colon function.
<i>Linum usitatissimum</i>	Rich in omega 3 fatty acid which is an excellent energy booster.
<i>Cucurbita maxima</i>	Provides substantial quantity of healthy fats, magnesium and zinc.
<i>Phoenix dactylifera</i>	Contains simple sugar for cells to use as energy .
<i>Vaccinium cyanococcus</i>	Soluble and insoluble fiber in berries help slow down the rate of digestion in GI tract, causing a steadier release of sugar into bloodstream and a more stable, longer-lasting energy.
<i>Arachis hypogaea</i>	Rich in protein and providing energy

Direction of use

Consume as and when required or when feeling low on energy levels

Adenosine triphosphate (ATP) is known as the energy currency for cells in the body and aids in various functions like muscle contraction and protein production. Enhancement in the synthesis of ATP in muscle cells results in energy boost.

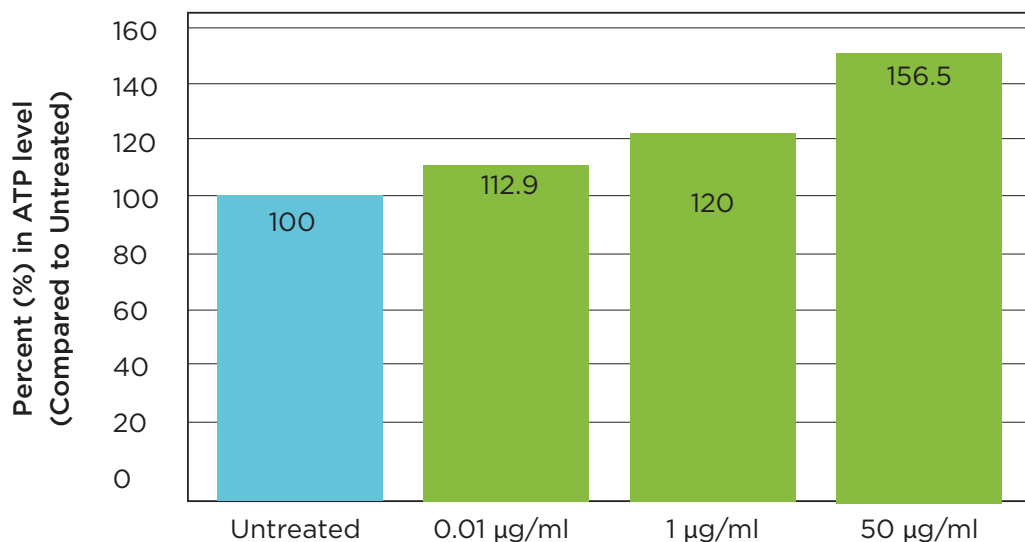
EFFICACY CLAIMS

Energy booster

Energizes the body

Enhances stamina

Measurement of Energy boosting potential
by increase in ATP synthesis



Results obtained in vitro. Data demonstrates % Increase compared to Untreated group normalised to 100%. E-bites treated groups show increase as compared to untreated group.

RESULTS

- 🌿 E-bites stimulates ATP levels in osteoblasts (MG-63) by a maximum of 56.5% as compared to untreated group.
- 🌿 E-bites also showed antioxidant activity by free radical scavenging in DPPH assay with an IC50 of 42.58 µg/ml.

These results substantiate the energy boosting properties of E-Bites.