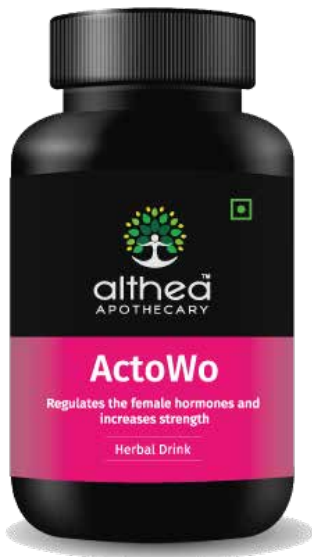


ActoWo

A herbal supplement drink comprising of proteins, herbal extracts and vitamins is specially designed for women's overall wellness. It regulates the female hormones and increases strength, helps to reduce fat and maintains healthy skin and hair.



KEY INGREDIENTS

Soy Protein isolate

Balances the female hormones and helps to maintain bone health.

Whey Protein

Consists of all the essential amino acids required for increasing the strength, gain muscle and reduce fat.

Pea Protein

Rich in iron, arginine and branched-chain amino acids and offers benefits like improved muscle growth, feelings of fullness and heart health.

Magnesium gluconate

Improves mood, reduces water retention and other symptoms in women with PMS

Asparagus racemosus

Reduces anxiety, helps to maintain hormonal balance, improves digestion and lactation.

Urtica dioica

Supports lymph system to boost immunity and helps to flush the hormonal bacteria from urinary tract.

Withania somnifera

Boosts anti-inflammatory response and increases milk secretion in lactating mothers.

Other ingredients

Trifolium pratense, Ascorbic acid, Pantothenic acid, Ferrous sulphate, Biotin, Folic acid

Direction of use

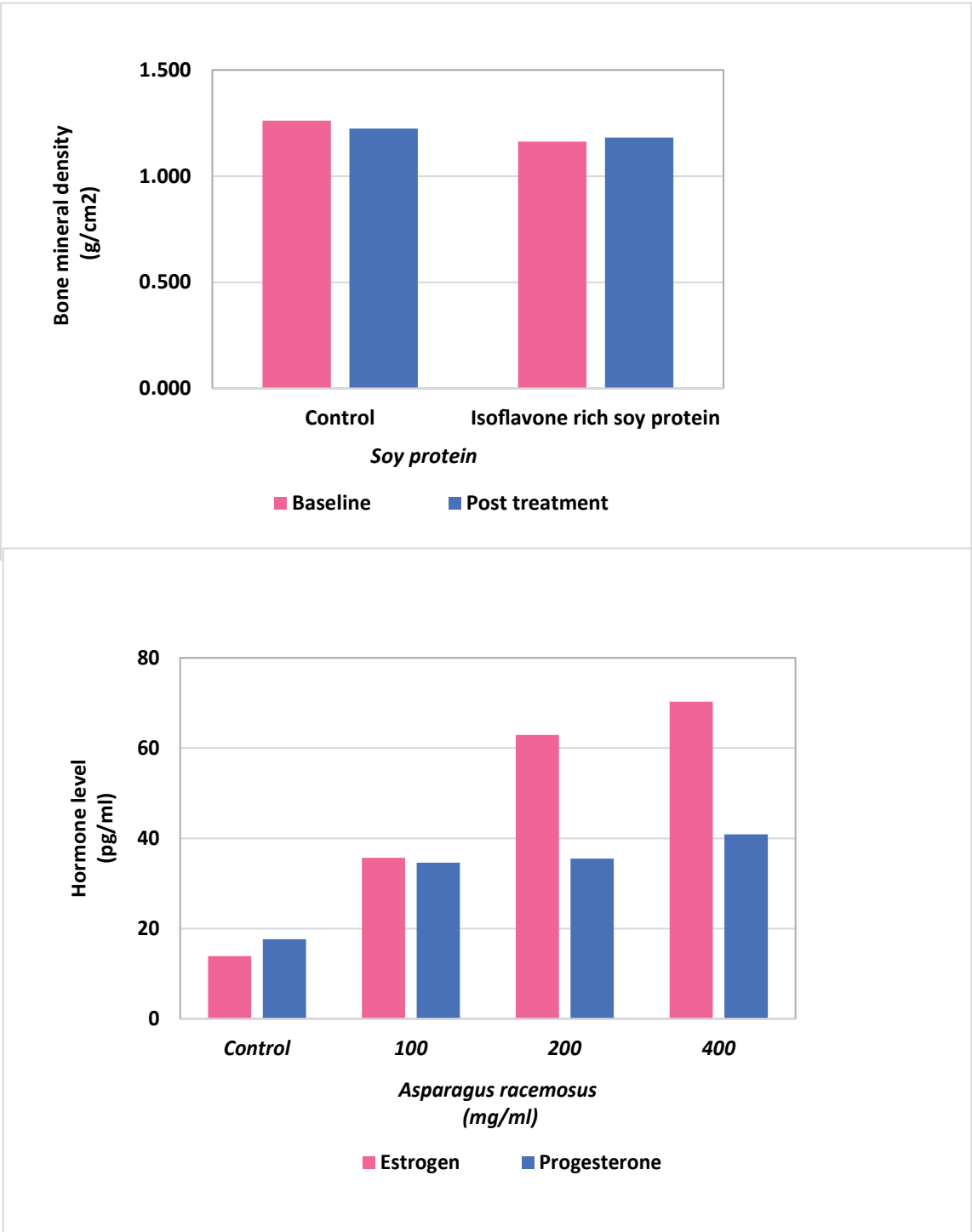
Add 30- 35g in 150-180ml of water
Shake well and consume

EFFICACY CLAIMS

Balances the female hormones and helps to maintain bone health.

Anti-inflammatory agent

Improves mood and water retention ability



Soy protein and *Asparagus racemosus* demonstrate Female fatigue management activity; Soy protein demonstrates Increase bone mineral density in postmenopausal women , *Asparagus racemosus* demonstrates Increase in estrogen and progesterone level in female rat